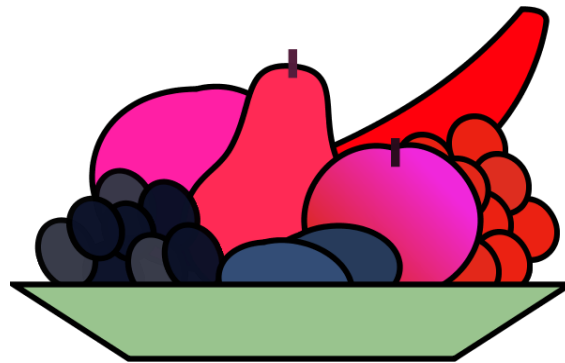


Working Together Ideas

Friday 15th April 2016

As part of our topic the children will be learning about food and planting vegetables in the allotment over the coming weeks. We would like the children to choose a meal that they have had at home to draw or photograph. Have a discussion with your child about the different foods on their plate. Are they healthy? Why? Where do they come from? Please record, or encourage your child to record, what they have found out.



As an extension to this activity you may like to involve your child in preparing a meal or a snack at home. This will help to develop skills learnt in school, such as using a knife to chop fruit or spread butter.