



Monday 4<sup>th</sup> December 2017

HP Zone Ref. 188218

Dear Parent / Guardian,

We have been informed that a small number of children who attend Montbelle Primary School have been diagnosed with suspected Scarlet Fever. Although Scarlet Fever is usually a mild illness, it should be treated with antibiotics to minimise the risk of complications and reduce the spread to others. The symptoms of scarlet fever include:

- Sore throat
- Headache
- Fever
- Nausea and vomiting

This is followed by a fine red rash which typically first appears on the chest and stomach, rapidly spreading to other parts of the body. On more darkly-pigmented skin, the scarlet rash may be harder to spot, but it should feel like 'sandpaper'. The face can be flushed red, but pale around the mouth.

If you think you, or your child, have Scarlet Fever:

- See your GP or contact NHS 111 as soon as possible
- Make sure that you/your child takes the full course of any antibiotics prescribed by the doctor.
- Stay at home, away from nursery, school or work for at least 24 hours after starting the antibiotic treatment, to avoid spreading the infection.
- It is also preferable that they have a throat swab to confirm the illness.

If your child has an underlying condition which affects their immune system, you should contact your GP or hospital doctor to discuss whether any additional measures are needed. You can find more information in the attached FAQ sheet and further advice can also be obtained from the North East North Central London Health Protection Team on 020 3837 7084 during office hours.

Yours sincerely,

Dr Anita Roche

Consultant in Public Health

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