



Progressivesports[®]
...raising standards



Dedicated to giving **EVERY** child the **RIGHT** to be physically active

We invite **YOU** along to our **BREAKFAST Club**

PROGRESSIVE SPORTS are offering your child the opportunity to attend our weekly **BALLET** breakfast club at **MONTBELLE PRIMARY SCHOOL** every **TUESDAY**.

The club will focus on a different skill each week.

- Week 1&2: Posture & Balance**
- Week 3&4: Alignment & Coordination**
- Week 5&6: Elevation & Strength**
- Week 7&8: Stamina & Flexibility**
- Week 9-10: Mobility**

Come along and join us, it won't be the same without you!

COURSE INFORMATION

Club is open to boys and girls in school

Reception, KS1 and KS2 and runs

Every **TUESDAY** from **8.00am – 8.45am** on the following dates:

Tuesday 24th April – Tuesday 3rd July 2018

Course Cost: 10-week course £30.00

Please have suitable clothing and footwear. As well as a drink.

It's super easy to sign-up!

All you need to do is complete the application form and pay at the school office with, either:

- 1, Cash or;**
- 2, Cheques made payable to 'Progressive Sports'.**

"The course is a fantastic opportunity for all children, they gain so many new skills, and it's fabulous!!!"

"Great value for money – highly recommended!"

Want more?

Come along to our Multi-Sport holiday courses during half term and experience the fun filled excitement of lots of different sports and dance.

For more information contact us on **0208 854 1153** or visit www.progressive-sports.co.uk/southeastlondon

COURSE Application Form

Ballet

Parent/Guardian Details

Title: _____ First Name: _____ Surname: _____

Address: _____

Postcode: _____

Home No: _____ Mobile: _____

Email: _____

Name of Child

DOB

School Year

1) _____

2) _____

3) _____

Health Problems/Allergies: _____

Total Cost: Number of children: _____ @ £30.00 = _____

Make cheques payable to 'Progressive Sports'

Signed: _____ Date: _____