

Here are some especially good promises  
to help you

## Look after YOUR Planet

- just like Charlie and Lola!

I REALLY ever so definitely promise to:

- Try to remember to turn off the tap while I brush my teeth.
- Not complain if it gets a teeny bit cold and maybe put on a jumper instead!
- Try to recycle things rather than throw them away.
- Switch off the lights when I leave a room.

- Sometimes, if I can, have a shower instead of a bath.
- Try to remember to turn the TV or computer off completely - and absolutely EVER never leave them on standby.
- Make presents and birthday cards for my friends from bits and bobs around the house.
- Try not to beg Mum and Dad for the latest and most extremely good new toy - and donate some of my birthday or Christmas money to charity instead. (This might be really hard to do so you definitely deserve an extra big well done.)

